

# **Weekday Groups for Men and Women**

## **Sermon on the Mount**

- What: Join Pastor Andy and friends as they walk through the Jesus's Sermon on the Mount from Matthew 5-7. The group discusses Scripture passages verse by verse, goes on many rabbit trails, and engages in cultural exploration to discover the nuances of the Scriptures!
- When: Tuesdays (beginning January 14) ~ 12:00-1:00pm
- Where: LHUMC A117
- Led by Andy Roberts
- Cost: None

## **The Book of Revelation**

- What: The book of Revelation is full of strange, lurid, and sometimes bizarre and violent imagery. Despite these interpretive challenges, Revelation offers one of the clearest visions of God's ultimate purpose for the whole creation, and of the victory of God's kingdom over the forces of evil through God's chosen people. This 8-week study will explore the most misunderstood and provocative book in the New Testament, and challenge us to envision the Kingdom of God coming in all its glory and power.
- When: Tuesdays, January 7 - March 4 ~ 7:00-8:00pm
- Where: Bride's Room
- Led by: Colton Castle
- Cost: None

## **The Marriage Course**

- What: The Marriage Course is designed to help couples invest in their relationship and build a strong marriage. Consider this course a "tune up" for your marriage! Couples are given the opportunity to learn about and then discuss the following topics on their own. Visit [www.themarriagecourse.org](http://www.themarriagecourse.org) for more information.

- Strengthening Connection
- The Art of Communication
- Resolving Conflict
- The Power of Forgiveness
- The Impact of Family
- Good Sex
- Love in Action

- When: Sundays, February 2, 16 & 23; March 2, 23 & 30; April 6 ~ 4:30-6:00pm
- Where: Lake Highlands UMC
- Led by: Andy & Gretel Roberts and Trey & Amy Thompson
- Cost: \$20/couple
- Childcare is available by reservation only. Email [childcare@lhumc.com](mailto:childcare@lhumc.com) to reserve a space at least 3 days in advance.

## **GriefShare**

- What: GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone.
- When: Wednesdays, January 15 - April 16 ~ 6:30-8:00pm
- Where: LHUMC Library
- Led by Carol Haywood, Becky Holland, Andy Roberts and Dorma Tabisz
- Cost: \$20
- Childcare is available by reservation only. Email [childcare@lhumc.com](mailto:childcare@lhumc.com) to reserve a spot at least 48 hours in advance.

## **Families Anonymous**

- What: Families Anonymous is a 12-step program designed for the family and friends of those suffering from substance abuse and other addictive behavioral issues.
- When: Thursdays ~ 7:30-8:30pm
- Where: LHUMC Parlor

## **Discipleship Bands**

- What: A band is a group of 3 to 5 men or women who meet together weekly to support one another, pray for one another and encourage one another to become the love of God for the world. For more details about what a band is, visit [www.lhumc.com/groups](http://www.lhumc.com/groups) or [www.discipleshipbands.com](http://www.discipleshipbands.com). If you are interested in starting a band, reach out to Andy or Gretel Roberts.