

## Sunday Groups

Are you looking for a place to connect with others and to grow in your faith?

Visit [www.lhumc.com/sunday-groups](http://www.lhumc.com/sunday-groups) for a description of each of our Sunday groups (9:30-10:30am). If you're not sure where to plug in, please contact Gretel Roberts, Discipleship Coordinator, at [gretel@lhumc.com](mailto:gretel@lhumc.com). We would love to help you find a place to connect and grow!

### **More Like Heaven: God's Vision for the World**

- What: Jesus announced to his followers that the Kingdom of God had come near, and we, as his followers, get to be a part of bringing his Kingdom to life here on earth. We have the opportunity to make our world look a little more like heaven. In this series, we will explore what God's vision for the world is and how we can be a part of it.
- When: Sundays, February 2 - March 2 ~ 9:30-10:30am
- Where: Various Classrooms
- Cost: None

### **Less is More: Abstaining from the Things that Hurt Us & Others**

- What: Sometimes our desire for "more" (more money, more activity, more stuff...) ends up causing us to experience less of life. And to experience less of God. What if an abundant life actually comes through embracing the idea that "less is more"? In order to make room for growth and flourishing, we have to cut certain things out of our lives. This Lenten season, we will engage in practices that help us to abstain from the things that hurt us in order to make room for God's presence and goodness.
- When: Sundays, March 9 - April 6 ~ 9:30-10:30am
- Where: Various Classrooms
- Cost: None

### **Ezekiel (Chapters 29-48) Bible Study**

- What: We will be reading a few chapters of Ezekiel from the Old Testament each week and sharing questions and insights, to grow in understanding of the historical and

spiritual context of Ezekiel. We will explore how God related with the people of Israel and see how Ezekiel might guide us in our lives today. For the reading schedule, please contact Pastor Silvia -- [silvia@lhumc.com](mailto:silvia@lhumc.com).

- Where: LHUMC F203
- When: Sundays, January 12 - March 16 ~ 9:30-10:30am
- Led by Silvia Wang
- Cost: None